## WORLD HEPATITIS DAY

The World Hepatitis day is being celebrated on 28 July around the world, with various activities being undertaken to spread the message of prevention. Hepatitis means injury to the liver with inflammation of the liver cells. Hepatitis is dangerous but curable. Nearly 500 million people in the world are suffering from Hepatitis B or C. One million people die annually because of this fatal disease.



## Possible causes:

- By sharing used needles/syringes, ensure use of disposable syringes.
- By using non-sterilized equipment (by dentist), body piercing etc.
- From an infected mother to her baby, most commonly during delivery. Immunization of the baby at birth prevents the transmission of hepatitis B.

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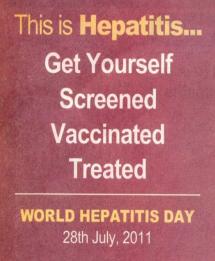
- By using used razor by salon staff, make sure they use new blade/razor.
- Drinking unhygienic water.

## Symptoms:

A short, mild, flu-like illness, nausea and vomiting, diarrhea, loss of appetite, weight loss, jaundice (yellow skin and whites of eyes, darker yellow urine), itchy skin.

## **Prevention:**

- Vaccination.
- Take precaution when traveling to areas with poor sanitation.
- Clean and hygienic water for drinking.
- Always use sterilized equipment.





Date: 28<sup>th</sup> July, 2011

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For further details: