

Summer Time – School Holidays

As we have kids and sometimes we miss the practice of Safety guidelines during summer vacations. There are some points to ponder.

In-door activities:

- Reduce “TV time” to no more than one to two hours a day, which includes both the computer and TV
- Make the kitchen off-limits unless it’s time for a meal or a planned snack

Out-door activities:

- Organize games in the park or garden for safe & healthy activities
- Do not left the child alone in the car
- The driver shall take a 360° round / beneath - before driving the vehicle
- Plan family holidays that focus on physical activity rather than just relaxation, Consider an active getaway with lots of swimming, cycling, or hiking.



Summer Camps:

- Before sending children for summer camping, as parents, we should assess all the risks of the camp.



Travelling:

- For travelers, please follow JRM (Journey Risk Management)



Journey Risk
Management System.

