

## HSE Bulletin # 289

## **Fuel efficient defensive Driving tips**



<u>Tips for using Vehicle efficient and effective</u> wav:

On the Road: Drive more efficiently stay within posted speed limits.

Stop aggressive driving.

Avoid unnecessary idling. It wastes fuel, costs you money, and pollutes the air. Turn off the engine if you anticipate a wait.

At the Garage: Maintain Your Car Keep your engine tuned.

Keep your tires properly inflated and aligned.

## **Fuel Efficient Defensive Driving benefits:**

- Vehicle maintenance reduces fuel consumption and vehicle 'wear and tear' that save money on vehicle running costs
- The development of a smoother driving technique, avoiding sharp acceleration and braking will also save maintenance cost
- Safe driving will reduce driver stress and fatigue





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