

# Fever Fever All Over

Fever can be dangerous

## Difference between Malaria and Dengue Fever

*(Dengue and malaria fever are two of the commonest mosquito born tropical diseases)*



### Dengue

Lay eggs in clean water, open containers, ponds etc.

### Difference In Formation

### Malaria



Lay eggs in stagnant water, swamps, puddles etc.

### Difference in Spread:

Bites in early morning and evening. They affect white blood cells.

Bites in night timings. They affect red blood cells.

### Symptoms:

High fever, joint pains, then discomfort in the upper stomach with an urge to vomit, rashes on skin, pain behind eyes, weakness, at last bleeding from mouth, sudden drop in BP which may lead to shock and death.

High and low cycles of fever and flu-like illness, shaking chills, vomiting, and pain in upper stomach.

### Preventive Measures

Almost same for both kinds of fever

#### **Indoor:**

- Windows and doors should be kept shut.
- Air conditioning is an excellent prevention, because cooled air slow down their activity.
- Use of Electric diffuser, mosquito coils.
- Use fly proof net.

#### **Outdoor:**

- Wear full sleeved shirts and long trousers
- Apply insects repellents.
- Cover water containers.
- Cover septic tanks and soak-away pits.
- Manage waste properly.

***Beware of the mosquitoes in the day and night; they are monsters when they bite***